

# Instant Pot

## BUTTONS

<b>Button</b>	<b>Used For</b>	<b>Adjust By</b>
<b>Manual/ Pressure Cook</b>	To pressure cook	Hitting + or - sign
<b>Pressure</b>	Toggles between high & low pressure	Hit pressure button until desired pressure lights up
<b>Adjust</b>	Slow Cooker, Sauté, & Yogurt Functions	Hitting Adjust until desired function or temperature is reached
<b>Sauté</b>	To brown meat/veggies or simmer a sauce	Hit Sauté and then Adjust to reach low, normal or high temperatures
<b>Yogurt</b>	Yogurt	Hit Yogurt then Adjust for boil or incubate time
<b>Timer</b>	Delaying Cooking Time	First set cooking time, then hit timer and use + & - buttons to set delay time
<b>Slow Cooker</b>	Slow Cooking foods	Hit Slow Cook first and then Adjust to switch from low, normal and high temperatures